



Monica Dale (BA Connecticut College, MM Ithaca College, Dalcroze License) has worked professionally as a modern dancer, choreographer, piano accompanist, writer, and teacher. Her dance background includes study at the Joffrey School of Ballet, the Martha Graham School of Contemporary Dance, Jacob's Pillow and the American Dance Festival.

Monica has taught Eurhythmics at all levels in both public and private schools. She has been a guest teacher for numerous colleges and universities, and founded the Institute for Jaques-Dalcroze Education with Jack Stevenson. Her workshop presentations include national conferences of AOSA, ACDA, MENC, MMEA and NDEO.

As founder of MusiKinesis®, Monica has written and published the three-volume Eurhythmics for Young Children, Songs Without Yawns, a new engraving of Jaques-Dalcroze's Trente Lecons Melodiques, and an iBook, 5 Magical Stories in Music and Dance. Monica's articles have been published in periodicals including Music Educators Journal, Dance Magazine, and Design for Arts in Education, for which she won an award from the publisher.

Monica teaches a T² Dalcroze summer institute at Eastman School of Music, brings dancers and musicians together in MusiKinesis® classes in Maryland, and is Music Director of the Dance Department at University of Maryland, Baltimore County.